



Introduction

The second Human Rights Education training to be held by the new Human Rights Resource Centre was organised for 28 B.Sc and M.Sc students of **Jain University**, at **BIRDS**, **Bangalore** on 11 & 12 **Sep 2013**. The program was organised by the Karnataka RFYN organiser Ms. **Yashika Kim**, with the support of other young adults in Karnataka.

Jain University

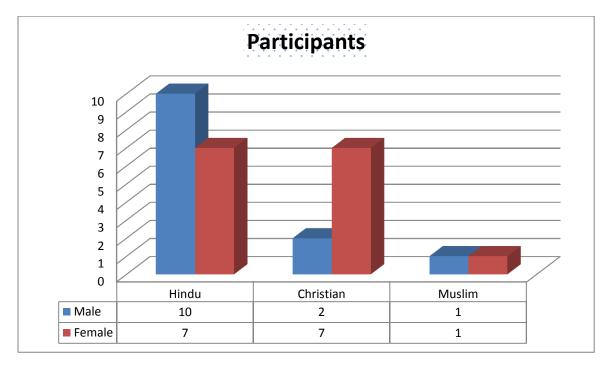
Jain University (formerly Sri Bhagawan Mahaveer Jain College, SBMJC) is promoted by the Jain University Trust, managed by the JGI Group.

Headquartered at Bangalore, the JGI Group represents a cluster of 85 vibrant educational establishments. After 23 years, the Group is today home to over 45000 students and 4500 staff members engaged at the P-12, undergraduate & postgraduate levels across 53 campuses and centres of excellence. Jain University is deemed to be University under section 3 of the UGC act, 1956 by the Ministry of Human Resource Development of the Union Government vide notification No.F-9-57/2007-U.3 (A) Ministry of HRD, GOI December 19, 2008 & July 24, 2009.



Participants

The participants were from Jain University's M.Sc and B.Sc levels, aged from 17 - 23 years.



Guests

The program began with inaugural Celebration, Bro. Savariraj Director of BIRDS, inaugurated the session and encouraged participants to learn their Human Rights and commit themselves to creating awareness of Human Rights throughout society.

The program was completed with a valedictory celebration in which Rev. Bro. Vijo, principal of St. Mary's High School, Bangalore, had been invited as chief guest. He presented participation certificates and motivated the young adults with valuable words.



Program Module

The first session started with participants' self-introduction and ice-breaking, followed by the History of Human Rights and the UDHR. IARF's three India-produced video docu-dramas helped participants understand certain key human rights issues in India,

particularly in their community. Six participants groups then brainstormed and produced creative presentations on the UDHR. The short UDHR Articles film supported the participants in understanding the UDHR better. Based on the UDHR Articles, the statue tableau activity was conducted, which helps participants imagine different solutions for Human Rights related issues.

The second day's sessions were started with the first day's evaluation. Then they shared their experiences of human rights violations such as child trafficking, workers' rights, religious freedom, gender discrimination, etc. Participants divided in to three groups and presented role play on human rights violations in India. After noon there was a deep discussion about future activities to support the Human Rights Resource Centre in creating human rights awareness in the region and around. They also prepared a Flash-Mark awareness program to perform in the schools and in public places.

Issues discussed

India is a multi-cultural state in which people of different religion, language, caste, colour, creed, are living as a family. There is also a custom and culture of marring one person and having a family with him/her for life, which was the best-practice and moral code hat India had till today. But the entire system in India has become worse.

The young adults discussed women's violation in India, and how the poor educational system - in the family and in school - is the main reason for this. They shared three very important points as reasons for the current violation of women in India.

Freedom is not free; poor education system

The present digital society makes the young generation practice all kinds of social evils, because the parents are not aware of this. They have to play a major

role in educating the children and the young adults according to the present situation. The parents are very strict to the children in everything, not allowing girls & boys to talk, and also reminding them to act their gender role. There is no real freedom for them either in the home or in their educational institutions.

2. Lack of sex education

Sex education in the home and in educational institutions is very important, as parents are not allowing their children to know about it. If they have some doubt on this, the parents order them not to talk about it. It is very important to provide basic sex education.

3. Childhood sexual & mental abuse

Child abuse is another reason for present problems. Children are sexually and also mentally abused by parents, relatives, teachers, senior students, neighbours. Thousands of girl children are sexually abused by their fathers, uncles, and teachers. Many boys are forcefully involved in homosexual habits by neighbours and senior students in schools & hostels, even in public places. It becomes a habit for the children when they are young, bringing

all kinds of problem to them as young adults.

During the discussion some young adults shared their personal experiences of sexual abuse, which was very heart-touching news for fellow participants.

Decisions for the future

- To organise many more HRE programs at Jain University.
- To give Human Rights Counselling programs for schoolchildren
- To visit various problematic communities in Karnataka and give human rights awareness
- Supporting and involving IARF-HRRC and RFYN activities

Evaluation

The evaluation session was conducted by the Karnataka young adult leader Ms. Yashika Kim. The participants shared about the importance of the UDHR and how it has helped them understand current problems. They also said the discussions they had on different issues had been very helpful, as it was the first time in their life to talk openly about sex in front of the opposite sex.

Feedback

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and shared a hearty laughter every moment
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the two day prequentme conducted by the IARF-RFXN was overall a very educational journey. We all learns a lot about Human Rights, its violation across the globe and the permanent solutions that can help eradicate these violations. The interactive group activities and open discussions helped in the sharing of various ideas. Thanks to you. IARF 11

Flash-Mark

The two days Human Rights Education helped the young adults to organise a flash-mark awareness program for schoolchildren. Under the leadership of Yashika, the young adult participants prepared a dance routine for a human rights-related song and a role play on violence against women to St. Mary's High School, Bangalore. This flash-mark was very meaningful and informative performance for the schoolchildren. The students were very happy about the program and promised they would be sharing this event to their parents.



Conclusion

Presenting Human Rights Education for the Jain University students was another landmark event for the IARF HRRC. Their sharing and active involvement shows that their support for our future programs at Bangalore and other places is assured. The active discussions on various urgent issues inspired participants to think deeply about current issues, and how to bring forward solutions. Their interest in Human Rights will one day, we hope, bring changes in those sectors of our society that are discriminated against.